

HEALTHPLEX | Branchville

a Department of the Regional Medical Center

HEALTHPLEX Fitness

Located in Branchville, this satellite facility offers cardiovascular fitness, weight training and fitness programs to those in the southern portion of the Regional Medical Center's service area. HEALTHPLEX | Branchville has full range of strengthening and conditioning equipment and extended fitness hours to help you meet your workout goals. A staff exercise physiologist is available for personal wellness consults (see times below).



FITNESS MEMBERSHIP RATES:

\$32 Single Membership per month

\$44 Family Membership per month*

*Includes spouse and 1 child ages 16-26 or no spouse and up to 2 children ages 16-26. Additional children may be added for \$15/month per child.

Corporate Rates available, call for information.

NO ANNUAL CONTRACTS.

HEALTHPLEX Hours:

5 am - 10 pm, Seven days a week

Exercise Physiologist:

Tuesday/Thursday, 11 am - 5 pm

Friday, 1:30 pm - 5 pm



7031 Freedom Road | Branchville, SC 29432

For more information, please call
803-274-4413 or **803-395-2804**

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www.trmchealth.org